



Providing Arts-In-Medicine for Children with Serious Illness.  
Helping children **RECORD, TELL and OWN** their stories of courage.

### Bead Bag Pattern Guidelines

1. Fat Quarters are great for this project. There will be a small scrap left over.
2. Sew on the Beads of Courage Bead Bag label to the fabric that you have chosen for the outside of the bag. You may place it in the middle of the bag or lower right corner.
3. Focus Fabric - Cut two 9" x 12" - With RS together sew a ½" seam on both long sides making a tube. Press seams open.
4. Lining Fabric - Cut two 9" x 12" - With RS together sew a ½" seam on both long sides making a tube. Press seams open.
5. Turn lining right side out and place inside of focus fabric (RS together).
6. Line up seams and sew a ¼" seam around the top of the tube.
7. Turn right side out. Press seam towards lining.
8. Tuck the lining back inside and press the top seam flat.
9. Place tube on the open arm of the sewing machine and sew a seam at 2" from top. When you get to the two seams back tack about ¼" across the seam.
10. Sew another seam 2-¾" from the top back tacking again at the seams. (This makes the seams stronger for the cording to be pulled through.)
11. Using a seam ripper, pop the seam between the two back tacks on focus fabric for cording to be pulled through.
12. Turn project wrong side out and serge all layers together.
13. Turn right side out and press bottom seam. Cut two 26-" pieces of cording .Using a large safety pin fold back about ½" of cording and pin through the folded edge.
14. Starting at one seam, thread all the way around the bag. Tie ends of cording together in a knot. Do the same with the other seam.
15. Sew on the provided Beads of Courage label in the middle of the bag or at the bottom corner.

**For a small bag** Cut fabric 7" x 10" and proceed the same as above except when stitching the two rows at the top for cording sew first row 1 ½" and the second row at 2 ¼". Be sure to back tack at seams. Cut cording 17".

*Pattern compliments of Bettie Hammock, Sulphur Springs, Texas.*



Dear Volunteer,

Thank you for your Act of Kindness to make the perfect place to keep a collection of Beads of Courage! We are thrilled with your support of these amazing children and their families!

Please feel free to include an enCOURAGing note in the bag if you wish. When the bags are complete, kindly mail them to the Beads of Courage office in Tucson, AZ (address provided below).

If you have any questions or concerns, please contact Ashley Ethridge at [Ashley@beadsofcourage.org](mailto:Ashley@beadsofcourage.org)

**Please mail completed bags to:**

**Beads of Courage, Inc. | Attn: Bead Bag Encouragement Program | 3230 N Dodge Blvd. Suite J | Tucson, AZ 85716**