





Standing Strong

supporting the Quilts of Valor Foundation

At the July meeting we will be talking about how to make this quilt. For information and to download the free pattern go to:

 $\underline{https://www.shabbyfabrics.com/Free-Downloads-W_4C258.aspx}$

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Visit the website for current Committee Chairpersons

Web Page

coastalcarolinaquilters.com

Greetings from Bev

Summer has really come in with a bang this year and all of a sudden we are past the 4th of July. What happened to June? Last year, I didn't think it would ever warm up and this year it started out hot and got hotter. Don't get me wrong - I'm not complaining. This is why we moved here, isn't it? And no matter how hot it gets, we never have to shovel it. I love the sand in my shoes and floating around the pool with my friends, but that's usually not getting anything accomplished except a darker tan.

Now I'm sitting here thinking I should work on all those UFOs - or maybe start something new - but I just can't seem to get motivated. I bet this never happens to you - right? Well, I saw some tips the other day that helped me. The first one is very similar to what my English teacher said in a writing class. There's nothing worse to a writer than a blank sheet of paper - so just write something! It doesn't matter if it's right or wrong - just put something on that paper. I used to have a friend who started every list with "make a list." Once the first list item was down, lots of others fell in line.

I think the same is true of sewing - it doesn't matter what you do - just do something. I belong to a quilting group on the internet that frequently sends out blocks to cheer people up. So how about some 9-patches or churn dashes to have handy for that next request for hugs blocks? People often have color preferences, so make a couple in each of the main colors - red, purple, blue, green, etc. Throw them into a shoe box with envelopes and they are set to go on a moments notice. If you don't belong to a group like this, just sew them together for a scrappy quilt.

Play with your scraps and see what comes to mind. You've been tossing gobs in a bag or box, so it's time to sort them somehow. How about setting up a bunch of boxes for different colors? Go to one of our dozens of dollar

stores and find boxes that will work for you. Maybe cut the scraps into strips or squares that you can use for scrappy quilts or crazy patch. Scraps make wonderful crazy quilt blocks. Once you have the block together, play with your machine stitches to cover the seams. Don't forget you might need stabilizer for some of the stitches. Before you know it, you have several completed and you can put together a table runner, table topper, wall hanging, Christmas tree skirt or tote bag. Don't bother to quilt them, just sew them together. All of a sudden you have enough to make a lap quilt. No, it won't happen today but over time, it will. Funny how that happens. If nothing else, you had fun playing with the colors, textures and stitches. If you stick with one group of stitches on each block, you can write the stitch name next to each one and eventually put together your stitch book. What a fun colorful collection of stitches! I hope this will help to motivate you to do something. Remember - it's not a test - it's not a race. Just have fun!

Beverly Clement, President

Notes from Margo

To-Do List

- Wear your name tag
- Bring your your sewing machine, iron and pressing board
- Bring a 10" square of freezer paper
- Bring a project to work on
- Bring your lunch
- Bring Show and Tell

July 20th Sit and Sew — First, I'd like to say a "BIG" thank you to all those that came to help put together the baby quilts and the bead bags. We got all the bead bags corded and we totally finished 20 of the 60 baby quilts. Some of the ladies took some quilts home to finish as well. Thank you for that too! There are still 20 baby quilts that need top stitched and quilted. If you'd like to work on those be sure to bring

your sewing machine with a walking foot or free motion quilting foot.

We made an announcement at the end of the June meeting that we thought we could spend July working on Quilts of Valor. There will be a special QOV presentation to 25 war veterans at the Socastee Baptist Church to coincide with Veterans' Day. Obviously we need lots of quilt tops made and quilted by then. Judy Lilly showed one quilt using a crazy patch block that is made stacking 12 fabrics together, slicing, shuffling and sewing the pieces back together. It is fun and it is fast! There are no seams to match up and you can sew and press all your blocks together in less than an hour. If you'd like to see how it is done, we'll show you. If you'd like to give this a try, bring 12 -10" squares of fabrics, a 10" square of freezer paper and a marker (pencil) to guild. You can sew them there or take it home to try. In order to help with this QOV project, a group of us have put together QOV kits that are ready to sew at the meeting if you'd like to do that.

We also talked about the QOV pattern from Missouri Star called Pinwheels on Point. Chris Brokemarkle, Wanda Klinger and Sandy Bianchi are all working on QOVs using that pattern. Chris also put together written instructions to go along with the YouTube video - (on pages 6 & 7 of this newsletter.) She will talk about that process and be able to give some tips for success.

There is another free QOV pattern made available by Shabby Fabrics called Standing Strong, using 2 ½" strips. It's quite easy and fast to do. We will have a quilt to show you using that pattern as well.

Links to the Pinwheels on Point and the Standing Strong patterns are on the website, in the Community Projects / Quilts of Valor section. Both patterns are great and are free.

Karen Kirkland, a CCQ member and the President of the Quilters of SC has a special request for the Emanuel Comfort Quilt Project. Quilters are kind and generous people and want to help whenever and wherever the need arises. CCQ should support QSC and our sister guild the Cobblestone Quilters in helping ease the sorrow felt by all due to the horrible June 17th tragedy in Charleston. Please see the message from Karen, on page 5.

Scrappy Block Demo – What could simpler than a Rail Fence block?? If you've got lots of small strips then this block is for you. It is very versatile, you can make your blocks using any size strips, this one is using 1 ½" strips, and set them on point or in straight rows. Margo Woolard will demo this one. See the picture and instructions to make the block (page 8).

As you can see we will have lots going on at the July meeting. We hope that you will join us for a fun day of sewing and camaraderie! Whatever QOV and baby quilts we don't get done this month we will finish up in August.

Goody Preparers – Sue Decker, Linda Lanham, Joan Wobbleton and Margo Woolard are on the schedule to bring the goodies. Please bring your item already cut into bite-size pieces and be sure to bring any serving utensil you'll need. If you can't make the meeting call Darla (421-9455) to get a sub. Thanks!

Coming up in September – We have
Lucille Amos coming from Greensboro, NC.
Lucille is a certified teacher of Judy
Neimeyer's beautiful quilts. She will be
teaching the Total Eclipse pattern and the
class application will be out shortly.
Don't forget about the grab bag challenge
due in September. You
are to use at least an 8"
piece of the fabric in
your bag. Remember
if you don't use the
fabric you must return
it.

Membership additions – Please update your membership roster - new member and e-mail update.

Lyons, Judy 75 Wellspring Dr. Conway, SC 29526 443-336-5045 lyonsjudy27@gmail.com

Update the following e-mail:

Taynton, Betty bltaynton@gmail.com

Quilting Expo

July 24, 9 a.m. - 5 p.m. and July 25, 9 a.m. - 4 p.m.

Jamil Shrine Center
206 Jamil Rd.
Columbia, SC
More info at
http://quiltersgallery.net/the-quilting-and-knitting-expo-show-info-and-list-of-vendors/



Emanuel Comfort Quilt Project

Quilters of South Carolina, we have an opportunity to provide comfort to the loved ones of the nine individuals who lost their lives in the Charleston tragedy. Many thanks to the local guilds for facilitating this project. Please read below for details of how you can help support this project.

Karen Kirkland, QSC President

As we all are so painfully aware, Charleston has been saddened by the horrific tragedy that occurred at Emanuel AME Church on Wednesday, June 17th 2015. Despite their devastating loss, Emanuel AME Church and immediate family members of the victims have been the very image of Christ's mercy and grace. In an effort to bring a little comfort to the families that have lost loved ones, Cobblestone Quilters Guild is facilitating a project to make quilts to comfort them. We will be working in conjunction with local, state and national quilt guilds in a unified effort to wrap these families in love and comfort. This is a project of love and unity. We are working with Island Quilters, Charleston Modern Quilt Guild as well as QSC and guilds from all over the US to provide quilts for the families of the victims of Emanuel AME Church.

Please join us in donating quilts and love to these families!

We are asking for blocks that we can assemble into tops which we will have quilted and bound.

Blocks should be 12 ½" unfinished (untrimmed). We recommend using the colors of the church's logo, cranberry (dark red), evergreen, and black with light grey or white backgrounds and accents of gold and royal purple, however, blocks made in any colorway will be greatly appreciated. Blocks may be made in any pattern the maker chooses. Christian, biblical, togetherness, or healing motifs or fabrics would also be appropriate. We would also greatly appreciate any gifts of fabric for backing and bindings as well as gifts of batting and thread.

Quilts made in their entirety are welcome. Quilts for adults should be approximately 60×80, as well as some smaller for children. This is a great size to be a source of a loving embrace in the dark moments that lay ahead. This is just a guide as we will be grateful for any size of quilt that you choose to make.

Block Guidelines

- 12 ½" unfinished (untrimmed)
- Blocks may be made in any pattern the maker chooses. Christian, biblical, togetherness, or healing motifs or fabrics would also be appropriate.
- We would also greatly appreciate any gifts of fabric for backing and bindings as well as gifts of batting and thread

Color Scheme - We recommend using the colors of the AME logo in order to unite the diverse block patterns.

- Cranberry (dark red)
- Evergreen
- Black
- Light Gray or white backgrounds
- Royal purple or gold accents
- * The colors are just a suggestion since they are the colors in the church's logo. Blocks in any color will be appreciated.

Finished quilts

60x80 as well as small quilts for children are what we are recommending, however, any size quilts are appreciated.

Blocks, quilts, and other donations may be brought to the Cobblestone Guild meeting, additionally, all three of our local quilt shops have graciously agreed to be a drop-off site for blocks or finished quilts.

- People, Places, & Quilts (Summerville)
- Five Eighth Seams (West Ashley)
- Stitch n' Sew Fabrics (Mt. Pleasant)

If you have any questions feel free to contact Vicki Eslick at 843-801-5834 or vweslick@gmail.com

We even have a blog for our project! Blog: https://emanuelcomfortquilts.wordpress.com/

PINWHEELS ON POINT

(These instructions are expected to be used in conjunction with the Missouri Star Quilt Company Video titled "Pinwheels on Point with Fence Rail")

https://youtu.be/u1KiB2fImZM?t=2s

The pattern is a basic Fence Rail with the addition of pinwheels.

Fabrics needed: 40 Strips of 2-1/2 inch coordinated fabrics ("Jelly Roll")

1 yd. each of two "solid-reading", contrasting pinwheel fabrics

(MO Star says you need 1-1/4 yd., but 1 yd. should yield 12-10" cuts which is the number you need for the pinwheels). If you have an extra ¼ yd. of one of the colors, you can use it for a 1" inner border.)

Fence Rails: Divide the strips into 10 sets of four, using a variety of light, med. & dark fabrics. Sew the strip sets together in pairs, then "pairs of pairs" together. Make sure you have a full 42-1/2" usable strip set—some fabrics yield strips shorter than others. Press the strip sets thoroughly making sure there a no pleats in the seams. Measure the width of a strip set—should be approx. 8-1/2 inches. Cut the strip sets into squares matching the width measurement—must get 5 squares per strip set which will yield 2 more blocks than the quilt requires.

<u>Pinwheels:</u> Cut each pinwheel fabric into 10 inch squares — you need 12 each of the two colors. Put one light and one dark square right sides together. Draw an "X" on wrong side of the light fabric. Sew ¼ inch on each side of the "X." After sewing, cut the sewn square in half vertically and horizontally (+ shaped); then, without moving the fabric, cut on the drawn "X" lines. This will create 8 HST's. You will need 12 of these sets. (MO Star says 13 on the video, but you actually only need 12).

Square up these HST's to 4-1/2 inches.

Fold the squared up HST's in half perpendicular to the seam line (wrong sides together) and press well to form a sewing line. Place two folded Pinwheel HST's on opposite corners of a Fence Rail Block—either upper left and lower right or upper right and lower left with light and dark triangles opposite—Whichever you choose, *every block must be the exactly the same* in order for the pinwheels to develop properly on the final quilt assembly. See the photo / illustration.





Stitch these two folded HST's onto the corners of the Fence Rail blocks along the fold line and then again, ½ inch away (toward the corner). Trim between the two stitch lines, saving the cut corner for a pieced border on the quilt.

Make 48 of these blocks.

Piece them together in 4's, rotating them to form the pinwheels in the middle.



Lay out the resulting 12 larger blocks in a 3x4 pattern and sew together to form quilt.

Borders: Add a 1-1/2 or 2-1/2 inch inner border.

Outer border: Square up the trimmed corners from the main blocks to 3-1/2 inches. Sew these together with the triangles pointing inward and add as an outside border.

Size: The addition of an inner border helps "break up" the scrappiness of the main quilt body with the scrappy 3" border. Without an additional inner border, the size is approx. 54"x 64"; with a 2-1/2" (cut 2-1/2", sewn 2") inner border, 58" x 68"; with a 1-1/2" (cut 1-1/2", sewn, 1") inner border, 56"x 66" (meets QOV minimum of 55"x65").





Rail Fence Block Instructions

Supplies: Lots of 1 1/2" strips in a variety of colors

- 1. Sew 4 different 1 ½" strips together to make a strip set. Strip set should measure 4 ½". Make a bunch of strip sets using a variety of fabrics.
- 2. Press the seams open or in one direction. See pressing tip!
- 3. Sub cut the strip set into 4 ½" segments.
- 4. Join 4 different 4 ½" segments together alternating the direction of the blocks as shown below. Block should measure 8 ½"
- 5. Sew the 4-patch blocks together in straight rows or on point as pictured. Your choice!
- Pressing Tip: to avoid strip sets bowing (as in a rainbow shape) press as you go. This
 minimizes the bowing because you don't manhandle the strip set to get at the seam
 allowances.

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Perfecting the Pebble Stitch



Vivika Hansen DeNegre Editorial Director, Quilting Arts QuiltingDaily.com



The pebble stitch is a popular filler stitch for free-motion quilting backgrounds. It's easy to get into a Zen-like state while machine quilting little connecting circles over and over again.

But when you're trying to cover a lot of ground on a large quilt, especially when longarm quilting, making those tiny pebbles can be tedious.

Renowned longarm quilter and APQS educator Angela Huffman has some tips for making the pebble stitch go faster and look more interesting, too.

Angela Huffman's Pebble Stitch Tips

- 1. Use a low-profile, open-toe darning foot. This makes it easier to see where you're going as you travel around the edges of the circles.
- 2. Don't worry about getting the pebbles exactly the same size. You can vary the size of the circles slightly; the eye won't notice the small differences in symmetry.
- 3. As you stitch the small pebbles, every so often make a large circle with a curl inside (see image). Then stack your smaller pebbles around it.
- 4. Every so often, throw in an S-curve. The S-curve takes up space, and you can then build small pebbles around the edges.
- 5. As stitch your quilt motifs, you may find yourself locked into a wedge. Just travel backwards along the edge of the stitching you've already done until you get back into open territory.

I love watching Angela work, because she is so knowledgeable and enthusiastic. Her pro tips and techniques for machine quilting result in beautiful quilts--and more fun while making them.

If you're new to longarm quilting or just want to make your longarm quilting designs better, I highly recommend our online, interactive course: Longarm Fundamentals with Angela Huffman.

Read on for details about this and other online quilting courses with top professionals, and be sure to <u>click through to watch</u> <u>Angela's video preview</u>.