## **POSITIVE EFFECTS FH SIZE QUILT PATTERN**

## 54" x 67" (unfinished block size 11 <sup>1</sup>/<sub>2</sub>" square)

MATERIALS:



## SEWING:

Assemble the "Plus Sign" blocks-

120- 5" SQUARES

- 4- 5" squares per block Corners of Block can all be different novelty fabrics
- 2 of the same 5" squares per block cut in half to form the "Plus" sign for the center of the block. Strips are 2 <sup>1</sup>/<sub>2</sub>" x 5"

20- 2  $\frac{1}{2}$  " squares for the center of each block

5 WOF  $- 2 \frac{1}{2}$ " strips of background fabric for sashes used between the " Plus Sign Blocks" to create rows.

From the strips cut:

 Cut 15 – 2 ½" x 11 ½" strips from the background WOF strips of fabric

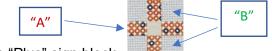
12 WOF – 2  $\frac{1}{2}$ " strips of background fabric. 6 for sashing between rows of Plus Sign Blocks and 6 for the outer borders

7 WOF 2 1/2" for binding

A - Using 2 of the 2  $\frac{1}{2}$ " x 5" pieces cut from two of the same 5" squares for each block – Sew one strip to each side of a center 2  $\frac{1}{2}$ " square. Press seams toward the 5" strips **"A"** Unit

B – Sew the remaining 2  $2\frac{1}{2}$  " x 5" pieces of the same material between two 5" squares for each block.

Creating **two** "B" units. Press seams toward the sashing pieces.



Sew the "A" unit between the two "B" units to create an  $11 \frac{1}{2}$ " square "Plus" sign block.

Press seams toward the sashing strips.

Repeat to complete 20 blocks.

Attach one 2  $\frac{1}{2}$ " x 11  $\frac{1}{2}$ " background strip between 4 Plus Sign Blocks to create a row of 4 blocks. Press toward sashing strips

Make 5 rows of 4 blocks across.

Using the 6 WOF 2  $\frac{1}{2}$ " strips of background fabric create sashing strips to be sewn between each row of blocks until all 5 rows are sewn together for the body of the quilt. Press seams toward the sashing strips.

Use the remaining 6 WOF 2 <sup>1</sup>/<sub>2</sub>" strips of background fabric for the outer borders.

Sew 2 <sup>1</sup>/<sub>2</sub>" strips of background fabric to right and left sides of quilt body to create an outer border

Sew 2  $\frac{1}{2}$ " strips of background fabric to the top and bottom of the quilt body to complete the outer border

Press seams toward the outer borders.